



## BODY CONTOUR

### COMPOSITION - 10ml

L-Carnitine 1g - Artichoke 20 mg - Aminophylline 50mg -Pantothenic Acid 500mg -Yohimbine 5mg

### INDICATION

Mesocontour mixtures offers the traditional compounds of Mesotherapy for a treatment of localize fats and it can be associates during weight loss diet and exercise, it is MESOTHERAPEUTIC treatment for a successful facial and body contouring this is a very effective mixtures to reduce localize obesity for facial and body.

### ACTION

L-Carnitine - an amino acids responsible for the transport of long chain fatty acids from the cytosol into the mitochondria, it helps drive the liberated fats into the muscle to be metabolized.

Artichoke - Active principles of cynara scolymus acid substance with choleric effect, that is, the ability to increase biliary secretion. Cynara is both a hydrocholeric and hypocholesterolemic and decreases lipoprotein beta/alpha quotient. It is also a diuretic and detoxicant, which leads to a greater urine expulsion.

Aminophylline - A xanthine basis the derivative of caffeine has a lipolytic activity, the inhibitor of phosphodiesterase and adenosine, as well as Adenosine 1 Receptor of the membrane which sensitizes the adipocyte to the lipolytic action of catecholamines has diuretic and natriuretic effect

Pantothenic acid- An active form of vitamin in the body for the metabolism and synthesis of fats, It is essential in the synthesis of cholesterol, steroids (fat-soluble organic compounds) and fatty acids.

Yohimbine - An alpha2-adrenergic receptor agonist vasodilator as it has Lipolytic Action specific action of R- a 2 antilipolytic, For weight loss it increases non- adrenaline levels.

### SIDE EFFECTS

Small bruises, very rare case may experience an allergic reaction.

### CONTRAINDICATIONS

This treatment is not advisable during pregnancy and in patients high sensitivity to Caffeine.



## PROTOCOLS

### ABDOMEN, WAIST, THIGH AND COMPLETE BODY

Depth 6mm + needle size 27G x 6mm + Space 1cm + 0.5 ml per puncture

Mesocontour 5 cc

Procaine 2% 1 cc

Physiologic Sol. 4 cc

### INNER PART OF ARMS AND LEGS

Depth 4mm + needle size 30G x 6mm + Space 1cm + 0.5 ml per puncture

Mesocontour 5 cc

Silicium 1 cc

Procaine 2% 1 cc

Physiologic Sol. 3 cc

### DOUBLE CHIN and FACIAL FATS

Depth 2-4mm + needle size 32G x 4mm + Space 0.50cm+ 0.3ml per puncture

Mesocontour 2.5 cc

Silicium 1 cc

Procaine 2% 0.5 cc

Physiologic Sol. 2 cc

## TECHNIQUES & MATERIALS

Point by point or step by step technique.

Needle for Body 27G x 6mm or Needle for Facial 32G x 4mm

Depth 6mm (Body) 2-4 mm (Facial)

Dosage 0.50 cc per puncture (Body)

0.30 cc per puncture (Facial) Single Use 5 or 10 cc Syringe

Space of injection - space every 1 centimeter (Body)

Space every 0.50 centimeter (Facial)

Sessions: 10 sessions, 1 per week

6 sessions every 15 days

1 session per month

Maintenance: 1 session every 3 months Avoid applying body lotion or any cream

